

SACRAMENTO FIRE CERT

TRAINING REQUEST FORM:

Minimum age is 18 unless
Parents or guardians attend class also

All information is confidential

Please print or type the following information
and mail to:

Sacramento CERT
53 Omaha Court
Sacramento, CA 95823-4262

Name (as you would like it to appear on certificate)

Address

City State Zip

(Area Code) Phone

Email:

Are you a Sacramento Police Volunteer?

You will receive further class schedule
information and registration materials in the
mail. The class schedule is also available
online at the Sacramento CERT website.
You may also pre-register at the Sacramento
CERT website. www.sacramentocert.net

FREQUENTLY ASKED QUESTIONS

Q. What is a City CERT Member?

A. A CERT member is a person who is trained to prepare for and respond after a disaster in their neighborhood or workplace. A group of members of a neighborhood, apartment complex, business or similar residential area comprise a team. Even if you are not affiliated with a team you can still serve.

Q. Who may join Sacramento CERT?

A. Anyone who is interested in helping his or her neighborhood or place of business to prepare for a disaster and provide assistance afterwards.

Q. Where is the training conducted?

A. At the Regional Community Police Institute at 570 Bercut Drive, Sacramento, CA 95814 (off of Richards Blvd and I-5)

Q. What does it cost?

A. The training is free to residents who reside or work in the City of Sacramento.

Q. Where can I learn more information about the CERT program?

A. For information about the CERT training schedules and other information relevant to the program, please visit the CERT website at www.sacramentocert.net

Additional CERT resources information about the National CERT program and links to other CERT sites can be found at the Sacramento Regional Citizens Corp Council website at www.srccc.org



COMMUNITY EMERGENCY RESPONSE TEAM Sacramento City Fire Department Training Program



Email: Sacramentocert@comcast.net
www.sacramentocert.net

Pat Burritt, CERT Vol. Manager
916-747-7202, or

Capt. Bill White
Sacramento Fire Department
5570 Freeport Blvd, Ste 200
Sacramento, CA 95822
Phone: 916-216-0327

CERT FAX: 916-323-7675

THE COMMUNITY EMERGENCY RESPONSE TEAM program (CERT) is designed to prepare you to help yourself, your family and your neighbors in the event of a catastrophic disaster.

Following a major disaster, first responders who provide fire and medical services will not be able to meet the demand for these services. Number of victims, communication failures and road blockages will prevent people from accessing emergency services they have come to expect at a moment's notice through the 9-1-1- system. People will have to depend on each other for help in order to meet their immediate life saving and life sustaining needs.

This training program provides for community self-sufficiency through the development of multifunctional response teams who will act as an adjunct to local emergency services during major disasters. Through this unique program, people from community organizations, business and industry, and government employee groups will become members of CERT or perform as individual leaders by directing untrained volunteers during the initial phase of an emergency.



Through training, citizens will be able to treat the three main killers of disaster victims by learning to open airways, control bleeding and treat for shock. They will also learn to manage utilities and put out small fires, safely search for and rescue victims, provide basic medical aid and organize themselves and spontaneous volunteers to be an effective team.

CERT members receive 24 hours of initial training (one night a week for 7 weeks, plus a Saturday morning drill). Continuing education programs which include Red Cross classes, Wildland Urban Fire Interface, Haz-Mat awareness, Flood and Swift Water awareness and more follow the 7 week course if people choose to go farther and take more training.

Disaster preparedness and hazard mitigation can minimize the effects of a disaster and facilitate recovery. The benefits of this program are numerous and invaluable. It teaches skills people can use in their day to day lives, enhance the bond between government and community, increase community spirit and improve the quality of life for the people of this community, and increase overall disaster preparedness.

PROGRAM OVERVIEW

Those who successfully complete the training receive a helmet, vest, safety goggles, gloves and a certificate of completion. The training is open to anyone, but after completion of the basic training course and to become an affiliated member of the team and receive a FD ID card, you must undergo a DOJ background check and complete additional training.

CLASS 1: Disaster Awareness and Preparedness

- Registration and introduction
- Disaster threats in California
- Personal and family preparation
- Non structural hazard mitigation

CLASS 2: Disaster Fire Safety Techniques

- Fire Chemistry
- Hazardous materials
- Utility control and fire extinguisher use

CLASS 3: Disaster Medical Operations 1

- Recognizing and treating life-threatening Emergencies
- Triage

CLASS 4: Disaster Medical Operations 2

- Head to toe patient evaluation
- Treatment area management
- Recognizing and treating non-life threatening emergencies
- Public Health Considerations

CLASS 5: Search and Rescue Operations

- Evaluation, search techniques and rescue methods for lay responders

CLASS 6: CERT organization and disaster psychology

- Developing a response team
- Incident Command System
- Size Up
- Disaster Psychology

CLASS 7: Terrorism

- CERT and Terrorism Incidents

CLASS 8: Disaster Simulation-Graduation Drill

- Disaster Simulation
- Exercise critique and summary
- Graduation Ceremony